

FOOD RESOURCES IN MEDFORD

(updated 10/30/2018)

"Mobile Market" (Mobile Food Pantry)

One Saturday per month (2nd Saturday)

From 1 pm-2 pm

Pick up fresh food at Malden WIC office (239 Commercial St.). You get a lot of food! Bring bags or a cart.

Pre-registration is required. Please call [781-393-2439](tel:781-393-2439).

Shuttle available from Medford City Hall. Coming soon: more pick up spots will be available.

HiP & EBT/SNAP Matching at Medford Farmers Market

HiP is accepted by 2 farmers.

In addition, EBT card holders can match up to \$20 per week - go to manager's table at Medford Farmers Market.

June – October, 2019

Down by the River at the Condon Shell Park!

2501 Mystic Valley Parkway, Medford

www.MedfordFarmersMarket.org

Free Summer Meals Program

Free lunch (or dinner) for anyone 18 and under. *Any child can eat lunch at any site across the state.*

Find a meal site: Call [800-645-8333](tel:800-645-8333) / Text "Food" to 877-877 / Smartphone App "SummerEats" /

<http://meals4kids.org/find-summer-meal-site>

see Malden YMCA website for updates like menu and weather: www.ymcamalden.org/2014-03-05-01-07-27/food-program

Supplemental Nutrition Assistance Program (SNAP)

Department of Transitional Assistance

781-388-7300

245 Commercial Street (Malden)

800-590-4820

www.mass.gov/snap

Days/Hours: Monday - Friday 7:45 am-5 pm

Women, Infants and Children (WIC) Program

781-338-7578

239 Commercial Street (Malden)

Medford Office: 101 Main St, Suite 111

Provides health screenings and nutritional counseling; food packages to help purchase nutritious food; free luncheon services.

FoodSource Hotline

800-645-8333

Project Bread

www.projectbread.org

Provides information about food programs and nutrition programs.

Congregate Meals & Meals-On-Wheels Programs

For information regarding eligibility for Meals-On-Wheels call MVES Nutrition Services at: 781-324-7705. Reservations for a Congregate Meal may be made on-site. For the Senior Center meal site, reservations you may also reserve by calling the Council on Aging office (781-396-6010) at least 24 hours in advance. Meal sites are located as follows:

Senior Center, 101 Riverside Ave.

Mystic Place, North Building

West Medford Community Center, 111 Arlington St.

Food Security Taskforce

This is a group that works on hunger issues and improving everyone's access to food in Medford. There is an email list and meets regularly in public places, usually on Thursday mornings. Please contact Syrah if you are interested in getting involved at smcgivern@medford-ma.gov / 781-475-5974

Food Pantries

Bread of Life Food Pantry

781-397-0404

info@breadoflifemalden.org

54 Eastern Avenue (Malden)

Medford residents may receive groceries Once every 4 weeks.

FOOD PANTRY HOURS:

[Malden: 54 Eastern Avenue](#)

Wednesdays 4 pm-6 pm

Fridays 2 pm-4 pm

[Everett: Everett City Hall, 1st Floor, 484 Broadway,](#)

[Everett](#)

3rd & 4th Thursdays 3 pm-5 pm

St. Francis of Assisi Church Food Pantry

781-396-3400

441 Fellsway West

Days/Hours: Thursdays 3 pm-4:30 pm

Community Baptist Church Food Pantry

470 Fulton Street

Pastor@communitybaptistmedford.org

www.communitybaptistmedford.org/contact-us.html

Days/Hours: Weds 4-7 pm, Sun 9:30 am- 1 pm

Hillside Community Church Micro Food Pantry

144 North St., Medford

Open 24/7 – help yourself anytime

Evangelical Church of Holiness Food Pantry

55 Otis St.

Last Saturday of the month 3:30-4:30

For Medford residents

781-391-1002

857-266-5345

St. Raphael's Church Food Pantry

781-488-5444

38 Boston Avenue (basement)

Days/Hours: Tuesdays 10 am-12 pm

Medford residents only—ID needed first time.

Unitarian Universalist Church Community Cupboard Food Pantry

Fresh produce now provided

147 High Street

781-396-4549

Days/Hours: Thursdays 6 pm-7:30 pm

Food Pantry for Seniors

Medford Senior Center

101 Riverside Avenue

[781-396-6010](tel:781-396-6010)

2nd Thursday of every month

2:00

Seniors and adults with disabilities who are interested in taking part in the food pantry should visit the Medford Senior Center to fill out an application. Participants must register prior to visiting the food pantry.

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